### Course Title:
Addiction Counseling II

#### Department:
Social Science

#### Curriculum:
DARC

#### Course Title:
Addiction Counseling II

#### Course Code:
DAR*213

#### Course Type:
L

- **Course Descriptors:**
  Make certain that the course descriptors are consistent with college and Board of Trustees policies, and the current course numbering system.

- **Course Code:** (eg. ACC 101)
  DAR*213

- **Course Type:**
  L

- **A:** Clinical
- **B:** Lab
- **D:** Distance Learning
- **I:** Individual/Independent
- **L:** Lecture
- **N:** Internship
- **M:** Seminar
- **P:** Practicum
- **U:** Studio
- **X:** Combined Lecture/Lab
- **Y:** Combined Lecture/Clinical/Lab
- **Z:** Combined Lecture/Studio

- **Elective Type:**
  G

- **AH:** Art History
- **E:** English
- **FA:** Fine Arts
- **G:** General
- **HI:** History
- **HU:** Humanities
- **LAS:** Liberal Arts & Sciences
- **FL:** Foreign Language
- **M:** Math
- **S:** Science
- **SS:** Social Science

- **Credit Hours:**
  3

- **Developmental:** (yes/no)
  no

- **Lecture:**
  3

- **Clinical:**
  0

- **Lab:**
  0

- **Studio:**
  0

- **Other:**
  0

- **TOTAL:**
  3

- **Contact Hours:**

- **Class Maximum:**
  24

- **Semesters Offered:**
  Spring

#### Prerequisites:
C- or better in Addiction Counseling I (DAR*111) or permission of the Program Coordinator; AND C- or better in Integrated Reading and Writing II (ENG*075) OR Introduction to College Reading & Writing (ENG*093) OR Introduction to College English (ENG*096) OR Reading & Writing VI (ESL*162), or placement into Composition (ENG*101) [including embedded ENG*101]

#### Corequisites:
None

#### Other Requirements:
None

#### Ability Based Education (ABE) Statement:
At Tunxis Community College students are assessed on the knowledge and skills they have learned. The faculty identified the General Education Abilities critical to students’ success in their professional and personal lives. In every class, students are assessed on course abilities, sometimes program abilities, and, in most classes, at least one General Education Ability. Students will receive an evaluation of the degree to which they have demonstrated or not demonstrated that General Education Ability.

#### Catalog Course Description:
Builds on the fundamental theories of counseling examined in Addiction Counseling I. The major post-Humanistic theories – Cognitive/Behavioral, Reality, Rational Emotive Behavior, and Motivational Interviewing - will be explored through didactic and experiential learning. Students will reflect on their roles as counselors in the substance abuse field and define the qualities, knowledge, and skills required to become competent, ethical, and culturally aware. This course will also...
### Topical Outline:
List course content in outline format.

1. Cognitive Behavioral Therapy
2. Rational Emotive Behavioral Therapy
3. Reality Therapy
4. Motivational Interviewing
5. The Influence of Vocabulary
6. Verbal and Non-verbal communication
7. The Art of Questioning
8. The Art of Listening

### Outcomes:
Describe measurable skills or knowledge that students should be able to demonstrate as evidence that they have mastered the course content.

Upon successful completion of this course, the student will be able to do the following:

**COURSE:**
1. demonstrate an understanding and application of these theories in addiction counseling
2. describe the importance and influence of language on the perceptions between the counselor and the client
3. identify ethical guidelines and practices
4. demonstrate the essential skills of attending, active listening, and reflection
5. recognize issues of diversity in counseling

**PROGRAM:** *(Numbering reflects Program Outcomes as they appear in the college catalog)*

**Drug & Alcohol Rehabilitation Counselor Associate Degree**
1. demonstrate knowledge of and skill in basic counseling theories and strategies

**GENERAL EDUCATION:** *(Numbering reflects General Education Outcomes as they appear in the college catalog)*

**Evaluation:**
List how the above outcomes will be assessed.

Assessment will be based on the following criteria:
1. written assignments
2. exams

**Instructional Resources:**
List library (e.g. books, journals, on-line resources), technological (e.g. Smartboard, software), and other resources (e.g. equipment, supplies, facilities) required and desired to teach this course.

**Required:** Appropriate classroom environment to facilitate learning

**Textbook(s)**
Determined by Program Coordinator