**Course Title:** Addiction Counseling II  

**Department:** Social Science  

**Curriculum:** DARC  

**Course Code:** DAR*213  

**Course Type:** L  

**Prerequisites:**  
C- or better in Addiction Counseling I (DAR*111) or permission of the Program Coordinator; AND C- or better in Integrated Reading and Writing II (ENG*075) OR Introduction to College Reading & Writing (ENG*093) OR Introduction to College English (ENG*096) OR Reading & Writing VI (ESL*162), or placement into Composition (ENG*101) [including embedded ENG*101]  

**Elective Type:** G  

**Credit Hours:** 3  

**Corequisites:** None  

**Contact Hours:**  
- Lecture: 3  
- Clinical: 0  
- Lab: 0  
- Studio: 0  
- Other: 0  
- TOTAL: 3  

**Semesters Offered:** Spring  

**Catalog Course Description:** Builds on the fundamental theories of counseling examined in Addiction Counseling I. The major post-Humanistic theories – Cognitive/Behavioral, Reality, Rational Emotive Behavior, and Motivational Interviewing - will be explored through didactic and experiential learning. Students will reflect on their roles as counselors in the substance abuse field and define the qualities, knowledge, and skills required to become competent, ethical, and culturally aware. This course will also
### Topical Outline:
List course content in outline format.

1. Cognitive Behavioral Therapy
2. Rational Emotive Behavioral Therapy
3. Reality Therapy
4. Motivational Interviewing
5. The Influence of Vocabulary
6. Verbal and Non-verbal communication
7. The Art of Questioning
8. The Art of Listening

### Outcomes:
Describe measurable skills or knowledge that students should be able to demonstrate as evidence that they have mastered the course content.

Upon successful completion of this course, the student will be able to do the following:

**COURSE:**
1. demonstrate an understanding and application of these theories in addiction counseling
2. describe the importance and influence of language on the perceptions between the counselor and the client
3. identify ethical guidelines and practices
4. demonstrate the essential skills of attending, active listening, and reflection
5. recognize issues of diversity in counseling

**PROGRAM:** *(Numbering reflects Program Outcomes as they appear in the college catalog)*

**Drug & Alcohol Rehabilitation Counselor Associate Degree**
1. demonstrate knowledge of and skill in basic counseling theories and strategies

**GENERAL EDUCATION:** *(Numbering reflects General Education Outcomes as they appear in the college catalog)*

### Evaluation:
List how the above outcomes will be assessed.

Assessment will be based on the following criteria:
1. written assignments
2. exams

### Instructional Resources:
List library (e.g. books, journals, on-line resources), technological (e.g. Smartboard, software), and other resources (e.g. equipment, supplies, facilities) required and desired to teach this course.

**Required:** Appropriate classroom environment to facilitate learning

### Textbook(s)
Determined by Program Coordinator