**COURSE SYLLABUS**

<table>
<thead>
<tr>
<th>Course Title:</th>
<th>Group Counseling Therapy &amp; Techniques</th>
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<tr>
<td>Department:</td>
<td>Social Sciences</td>
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<tr>
<td>Curriculum:</td>
<td>DARC</td>
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<td>Date submitted:</td>
<td>Fall 2013 (13-40)</td>
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**Course Descriptors:**
Make certain that the course descriptors are consistent with college and Board of Trustees policies, and the current course numbering system.

**Course Code:** (eg. ACC 101) DAR*112

**Course Type:** L

A: Clinical B: Lab D: Distance Learning
I: Individual/Independent L: Lecture N: Internship
M: Seminar P: Practicum U: Studio
X: Combined Lecture/Lab Y: Combined Lecture/Clinical/Lab Z: Combined Lecture/Studio

**Elective Type:** G

AH: Art History E: English FA: Fine Arts
G: General HI: History HU: Humanities
LAS: Liberal Arts & Sciences FL: Foreign Language
M: Math S: Science SS: Social Science

**Credit Hours:** 3

**Developmental:** (yes/no) no

**Lecture:** 3

**Clinical:** 0

**Lab:** 0

**Studio:** 0

**Other:** 0

**TOTAL:** 3

**Class Maximum:** 24

**Semesters Offered:** Sp

**Prerequisites:**
C- or better in Integrated Reading and Writing II (ENG*075) OR Introduction to College Reading & Writing (ENG*093) OR Introduction to College English (ENG*096) OR Reading & Writing VI (ESL*162), or placement into Composition (ENG*101) [including embedded ENG*101]

**Corequisites:**
None

**Other Requirements:**
None

**Ability Based Education (ABE) Statement**
At Tunxis Community College students are assessed on the knowledge and skills they have learned. The faculty identified the General Education Abilities critical to students’ success in their professional and personal lives. In every class, students are assessed on course abilities, sometimes program abilities, and, in most classes, at least one General Education Ability. Students will receive an evaluation of the degree to which they have demonstrated or not demonstrated that General Education Ability.

**Catalog Course Description:**
Introduces the concepts and theories of group counseling, group dynamics, and developmental stages. Through both didactic and experiential learning, students learn to differentiate between group content and process, recognize various roles that emerge among group members, and the significance of bringing group focus into the “here and now.” Students will also learn how to document group notes and experience the role of both group leader and group member. Understanding that group work is the chosen modality in addiction treatment, students will learn to appreciate the challenge of theory and practice.

**Topical Outline:**
List course content in outline format:
1. Introduction to Group Dynamics
2. Stages of Group Development
### Outcomes:
Describe measurable skills or knowledge that students should be able to demonstrate as evidence that they have mastered the course content.

Upon successful completion of this course, the student will be able to do the following:

**COURSE:**
1. demonstrate a working knowledge of the stages of group development, including the use of appropriate therapeutic interventions
2. demonstrate an understanding of group dynamics
3. recognize and demonstrate an understanding of ‘Process’ and ‘Content’
4. apply the concept of the “social microcosm” to the small group experience
5. recognize the significance and influence of diversity within the dynamics of group work
6. integrate theoretical understanding and practice

**PROGRAM:** *(Numbering reflects Program Outcomes as they appear in the college catalog)*

- Drug & Alcohol Rehabilitation Counselor Associate Degree
  - 4. demonstrate knowledge of and skill in facilitating counseling groups

**GENERAL EDUCATION:** *(Numbering reflects General Education Outcomes as they appear in the college catalog)*

### Evaluation:
List how the above outcomes will be assessed.

Assessment will be based on the following criteria:
1. weekly written assignments
2. analysis paper

### Instructional Resources:
List library (e.g. books, journals, online resources), technological (e.g. Smartboard, software), and other resources (e.g. equipment, supplies, facilities) required and desired to teach this course.

**Required:** Appropriate room for group work

### Textbook(s)
Determined by Program Coordinator