## Course Title:
Theories of Personality

## Department:
Social Sciences

## Curriculum:
Psychology

### Course Descriptors:
Make certain that the course descriptors are consistent with college and Board of Trustees policies, and the current course numbering system.

<table>
<thead>
<tr>
<th>Course Code: (eg. ACC 101)</th>
<th>PSY*243</th>
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</thead>
<tbody>
<tr>
<td>Course Type:</td>
<td>D/L</td>
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<tr>
<td>Elective Type:</td>
<td>G/LA/SS</td>
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<tr>
<td>Developmental: (yes/no)</td>
<td>No</td>
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<tr>
<td>Contact Hours:</td>
<td>3</td>
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<td>Class Maximum:</td>
<td>35</td>
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#### Catalog Course Description:
Will familiarize students with the major models of personality theory, their history, and applications. Emphasis will be placed on views which discuss the unique quality of the personality, genetic factors, interpersonal dynamics, and the influence of the family. Current research questions, such as stability of the personality over time and in various situations and cultural differences in personality development, will also be considered. Psycho-dynamic, humanistic, trait, biological, existential, and learning theorists will be analyzed.

#### Topical Outline:
1. Introduction to Personality Theory
2. Ancient and Contemporary Theories
3. Behavior/Learning Theory
4. Trait Theories
5. Cognitive/Social Theory
6. Psychoanalytic Theory
### Theories of Personality

#### COURSE SYLLABUS — page 2

| 7. Object – Relations Theory |
| 8. Humanistic Theory        |
| 9. Existential Theory       |
| 10. Transpersonal Theories  |

Upon successful completion of this course, the student will be able to do the following:

**COURSE:**
1. demonstrate a basic understanding of the development of the personality according to the major theorists
2. examine current research studies and discuss the implications of the findings
3. discuss the various questions confronting personality theorists in their attempts to explain personality

**PROGRAM:** N/A

#### COMPETENCIES FULFILLED:

**Social Phenomena** - Students will develop an increased understanding of the influences that shape a person’s, or group’s attitudes, beliefs, emotions, symbols, and actions, and how these systems of influence are created, maintained, and altered by individual, familial, group, situational or cultural means.

- **Demonstrates:** Accurately and sufficiently explains factors that influence and shape a person’s or group’s attitudes, beliefs, decisions, and actions.
- **Does Not Demonstrate:** Inaccurately or insufficiently explains factors that influence and shape a person’s or group’s attitudes, beliefs, decisions, and actions.

**Ethical Dimensions (embedded)** - Students will identify ethical principles that guide individual and collective actions and apply those principles to the analysis of contemporary social and political problems.

- **Demonstrates:** Identifies and reflects critically on ethical issues presented in classroom instruction or in assigned co-curricular or civic activities and/or professional internships and practica.
- **Does Not Demonstrate:** Does not sufficiently identify or reflect critically on ethical issues presented in classroom instruction or in assigned co-curricular or civic activities and/or professional internships and practica.

#### Evaluation:

**Assessment will be based on the following criteria:**
1. Written Assignments
2. Exams

#### Instructional Resources:

- **List library (e.g. books, journals, online resources), technological (e.g. Smartboard, software), and other resources (e.g. equipment, supplies, facilities) required and desired to teach this course.**

- **Required:** None

- **Desired:**

  **Textbook(s)**
  Refer to current academic year printout